

Rockville Swim and Fitness Center
Pre-Summer Recreational Swim Schedule
May 29 – June 15, 2010

Indoor Pools:

	<u>North Pool</u>	<u>South Pool</u>
Monday	6:00 – 8:20 am 11:00 – 2:00 pm 5:00 – 9:00 pm	8:20 – 9:00 am 2:00 – 3:00 pm
Tuesday	6:00 – 8:20 am 11:00 – 4:30 pm 6:00p – 9:00 pm	8:20 – 9:30 am
Wednesday	6:00 – 8:20 am 11:00 – 2:00 pm 5:00 – 9:00 pm	8:20 – 9:00 am 2:00 – 3:00 pm
Thursday	6:00 – 8:20 am 11:00 – 4:30 pm 6:00p – 9:00 pm	8:20 – 9:30 am
Friday	6:00 – 8:20 am 11:00 – 3:30 pm 5:00 – 9:00 pm	8:20 – 9:00 am
Saturday	6:00 – 7:30 am 12:00 – 9:00 pm	Closed
Sunday	11:00 – 9:00 pm	Closed

Outdoor Pools

	<u>Fitness</u>	<u>Recreation</u>
Mon – Fri	7:30 – 8:20 am (laps only) 12:00 – 2:00 pm (laps only) 3:30 – 8:30 pm (laps only) (3:30 – 5:30 pm 2 lap lanes only)	3:30p – 8:30 pm
Saturday	11:00 – 9:00 pm	12:00 – 9:00 pm
Sunday	12:00 – 9:00 pm	12:00 – 9:00 pm